

In response to Manitoba's RESTORING SAFE SERVICES – Phase 3

Southdale Community Centre is committed to offering programs in our community as part of our phased reopening. Any program will be offered under strict guidelines to maintain a safe environment for all participants and staff. Provincial health restrictions will be maintained at all times. Programming will be continually reviewed in conjunction with current and future provincial mandates.

### **HEALTH SCREENING BEFORE ENTERING FACILITY**

All staff, instructors, visitors and users will be screened for symptoms of COVID-19 prior to entry into the facility. Staff who are sick will not attend work. Users that do not pass the screening will be prohibited entry. Anyone attending Southdale is also asked to use the self-screening tool prior to arrival. <https://sharedhealthmb.ca/covid19/screening-tool/> Individuals at higher risk of illness should not attend.

### **FACILITY MAINTENANCE AND SANITIZATION**

Southdale Community Centre is dedicated to the safety of our participants and staff. Protocols and procedures are in place to maintain provincial standards to prevent the spread of COVID-19. This includes, but not limited to:

- Ensuring signage to educate patrons of physical distancing, hand hygiene and cough etiquette.
- Ensuring hand sanitizer is available upon entry and throughout programming.
- Increased frequency of cleaning in washrooms and high traffic areas.
- Sanitization of all group use areas, access points, furniture and equipment between user blocks.
- Monitoring facility operations closely to ensure provincial guidelines are met.

### **ADAPTED CAPACITY RESTRICTIONS**

In order to maintain provincial guidelines, each area is assigned a maximum capacity, dependent on the type of activity. Capacity will not exceed the indoor gathering size of current public health orders.

- Sage Creek Leisure Area (Fitness Facility) - max. 24 participants plus up to 2 instructors.
- Gymnasium (Hall) - maximum gathering size of 50 based on current provincial order. Fitness users max. 30 participants plus up to 2 instructors.
- MPR (Multi-Purpose Room) - max. 35 people to allow for physical distancing. Fitness users max. 20 participants including instructors/coaches.
- Meeting Room - max. 20 people to allow for physical distancing.

### **ROOM RENTALS**

All outside users renting facility space must follow provincial health orders/guidelines and facility protocol at all times. Any breach of these guidelines may result in cancellation of the booking with no refund and immediate departure of the attendees/organizers from the facility.

- Entry and exit access doors, arrival/departure times and washroom access will be determined by the facility prior to the scheduled booking. Every effort will be made to segregate private groups from the public areas of the facility.
- The rental group and facility will determine the screening and sanitization protocol for the group.
- Maximum capacity listed in this document supersedes the information on the room rental agreement.
- No food or drink is to be served unless prearranged with management with proper protocols in place.

## **GENERAL RULES**

- Each program will be assigned a designated entrance and exit with specific arrival and departure times. Access will not be allowed prior to assigned start time. Participants are encouraged not to attend early in order to reduce congregating at entrance and discomfort due to weather or prolonged waiting.
- A participant list will be maintained for screening upon entry and contact tracing. Pre-registration is strongly encouraged to ensure a spot is available. Drop in *may* be available for some programs.
- Face coverings (masks) are required for entry to the facility. Masks must be worn for all programs upon entry, exit and during breaks. Fitness participants may remove mask (at instructor discretion) during activity where physical distancing can be maintained.
- User groups in private rooms may use masks at their discretion but masks must be worn if there is access at all into the main facility, including the main washrooms. Hall washrooms are excluded if the group has exclusive access.
- No spectators for any programming in the fitness centre, gymnasium or meeting rooms.
- Each participant will have a designated location to store personal belongings including jacket, shoes, water bottles, etc. This will also be the area to wait or rest for each participant where users are expected to maintain physical distancing.
- Participants must bring their own filled water bottle or beverage. Water bottle filling station/water fountain is not available.
- No food unless preapproved. Any food must be individually packed and not shared.
- Absolutely no spitting at any time.
- Instructors and/or participants are required to sanitize equipment after use. Equipment is not to be shared unless sanitized between users. Participants are encouraged to bring their own equipment when possible.
- Users will be required to leave immediately after the scheduled program to allow for sanitization between user groups.
- Contactless payment is encouraged when at all possible. Office hours will be limited for certain groups or only by prearranged appointment.
- Each program may have additional restrictions if required.

## **ADDITIONAL GUIDELINES FOR SOUTHDALÉ SENIORS PROGRAM**

- In addition to the self-screening questions provided by the provincial government, Southdale Seniors is restricting access to not allow entry for those that have travelled outside of Manitoba in the previous 14 days.
- One person will be responsible for check in/sign in to prevent multiple participants using the same pen and paper. All participants should be pre-registered as drop in users may be declined entry.
- Snacks and beverages will not be served at any program or event. Members are welcome to bring their own beverage but it must remain in their personal designated area.
- Cards, games and other similar events that require shared items are discontinued until further notice.
- Luncheons are discontinued until further notice.
- Individuals at higher risk of serious illness may consider waiting to return.